

PLEASE PRAY FOR THE SOULS OF THOSE WHO HAVE DIED:

For Fr Michael Targett; Rosa Costa; Manuel Barros; John Honan; Jerzy Matuszeloski;
Paola Sanguini; Tony Latham and Michael O'Sullivan
and all the faithful departed.

**OUR SATURDAY MORNING MASS IS OFFERED FOR
THE SICK AND THE HOUSEBOUND**

THE SECOND SUNDAY OF LENT 2025

Saturday 15th March

	5.30 pm	Fr Michael Targett (RIP)
SUNDAY 16th	9.00 am	Rosa Costa & Manuel Barros (RIP anniv)
SECOND SUNDAY	10.30 am	John Honan (RIP)
OF LENT	12 Noon	Jerzy Matuszeloski (RIP anniv)
	6.00 pm	The People of the Parish

Monday 17th **9.30 am** **Paola Sanguini (RIP)**
St PATRICK,
PATRON OF IRELAND

Tuesday 18th **9.30 am** -
 10.30 am *Tuesday Morning Prayer Group*
 2.30 pm *St Anthony Prayer Group*

Wednesday 19th **9.30 am** **Tony Latham (RIP)**
St JOSEPH, SPOUSE
OF THE B.V.M, PATRON
OF THE DIOCESE

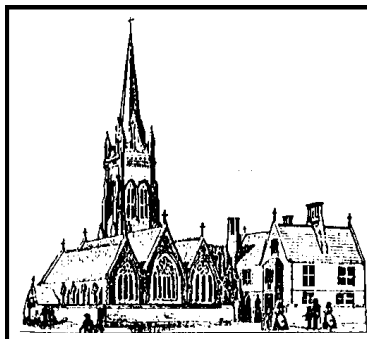
Thursday 20th **9.30am** -
 7.30 pm *"We dare to hope" meeting 2*

Friday 21st **9.30 am** -
 7.00 pm *Stations of the Cross & Mass*

Saturday 22nd **10.00 am** **Michael O'Sullivan (RIP)**
 10.30 am *Adoration and Benediction*

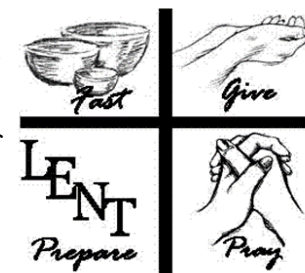
**CONFESSIONS: AFTER MASS ON SATURDAY
OR BY ARRANGEMENT WITH Fr JAMES OR Fr LINFERD**

THE PARISH OFFICE IS OPEN MONDAY TO FRIDAY 11AM - 3PM



**CATHOLIC CHURCH OF
St THOMAS OF CANTERBURY, FULHAM**
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Parish Administrator: Mr Gerald Daly
Safeguarding Representative: Ms Shirley Mills
Email: fulhamsg@safeguardrcdow.org.uk

Dear Friends, As Lent goes on, we can lose focus. The pressure to pray more, fast, and give alms can sometimes feel like a checklist, as if we're just trying to survive the next 40 days without falling into "Catholic guilt." But what if we approached this season differently? Instead of seeing Lent as a path to perfection, what if we viewed our Lenten commitments as an invitation to receive what Jesus truly desires to do in us? Ultimately, Lent isn't about what we do, but about how God works in us. Here are a couple of ideas to consider:



The traditional Lenten practices — prayer, fasting, and almsgiving — are ways to build virtuous relationships: with God, with ourselves, and with others. For example, consider fasting from negative thoughts about yourself and replacing them with short prayers. Try fasting from uncharitable thoughts and gossip about others. Maybe this Lent, you could dedicate more time to being present with your family in shared spaces, or even plan to have meals together at the table — a simple yet powerful way to strengthen bonds. Or perhaps, you'll encounter God more deeply through the sacraments of Reconciliation and the Eucharist, or by reading and praying with your Bible, or with the writings of the saints, more often. As you make your Lenten plans, bring them to God — not as tasks to check off, but as part of your relationship with him. Remember, Lent is ultimately about the relationships you nurture: with God, with others, and with yourself.

Digging to the Root of Your Sin: Take a moment to reflect: What is the root cause of your sin? Is it pride, selfishness, greed, lust or apathy? Identifying the deeper patterns behind your sin isn't about beating yourself up or wallowing in guilt — it's about addressing the root so that, with Jesus' help, you can sever our connection to the poison of sin. Our goal is to get to the heart of the matter, for it's in the heart where sin takes root. Make a plan to go to Confession at some point between now and Holy Saturday to seek forgiveness and healing.

Lent is not a race to perfection, but a journey of transformation. It's about allowing Jesus to work in you, healing what is broken, and deepening your relationships with God, yourself, and others. Let this season be one where you open yourself to the grace of God and his transforming love.

Fr James

THANK YOU FOR YOUR GENEROSITY IN GIVING

Don't forget you can also make an offering via the 'Touch & Tap' at the door. For details of methods of Planned Giving, see the leaflet at the door of Church. Parish bank account details are below, and on the website *Donate* page.

PARISH BANK DETAILS: HSBC

Sort code: 40-05-20

Acct. No.: 11263137

Acct name: WRC DT ST THOMAS OF CANTERBURY FULHAM

LENT 2025 GENERAL INFORMATION:

SACRAMENT OF CONFESSION AND RECONCILIATION:

Saturdays: 10.30am - 11.30am; 6.15pm - 6.45pm

Sundays of Lent: Between the morning Masses; also 5.15pm - 5.45pm

STATIONS OF THE CROSS: Our corporate Stations of the Cross will be on **Fridays of Lent at 7.00pm**, followed by Mass at the conclusion of the Stations.

Of course, Stations can be made at any time when church is open.

PRAYER BEFORE THE BLESSED SACRAMENT (EXPOSITION): The Blessed Sacrament is exposed for Adoration on **Saturdays 10.30am - 11.30am**.

Or, come to prayer before the Tabernacle at any time the church is open.

LENT STUDY AND FAITH-SHARING: Thursdays 7.30pm - 8.30pm at No.62.

Prepared by the Dominican Sister of the New Forest, this series of reflections is called "*We Dare to Hope*" and follows themes of the Jubilee;

ALMSGIVING: You may wish to support particular charities with Lenten Almsgiving (the fruit of our fasting), e.g.: *Aid to the Church in Need*: <https://acnuk.org/>; or *Mary's Meals*: <https://www.marysmeals.org.uk/>. In addition to the usual appeals: For the *Holy Places* on Good Friday, and *CAFOD*, there is a dedicated Alms wall box for the *Cardinal's Lent Appeal*, supporting initiatives in the diocese. Also, on 23 March, there is a national appeal for the *Shrine of Our Lady of Walsingham*.

CAFOD FAMILY FAST DAY: We collect the proceeds TODAY: Be a "Pilgrim of Hope" with CAFOD this Lent. You'll be supporting communities suffering the impacts of war, poverty and climate change to find solutions, at a time our nation is withdrawing from her commitment to aid.

CARDINAL'S LENT APPEAL: Our corporate Almsgiving this year is for the Cardinal's Appeal supporting initiatives in Youth work, Evangelisation, social action, marriage & family life. There is a wall box for donations in the "Pieta" chapel and envelopes for gift-aid donations. The poster has a QR code or you can visit the diocesan website for online giving.

NATIONAL COLLECTION FOR WALSINGHAM SHRINE NEXT

SUNDAY(23RD): The bishops have asked all parishes to make a one-off collection to help the National Shrine of Our Lady. The shrine is facing big financial challenges to maintain its ministry. Thank you in advance for supporting this.

PLANNED GIVING ENVELOPES RENEWAL: THANK YOU for collecting your new set of envelopes for the year ahead. If you haven't done so yet please ask in the sacristy or at the Parish Office during the week.

200 CLUB FEBRUARY RESULTS: There were 127 members in the February draw, the winners are: 60: £158.75 – Rosalie Macfarlane; 43: £31.75 – Elizabeth Bababunmi; 136: £31.75 – Derek de Freitas; 101: £19.05 – Laurence Murataj; 55: £19.05 – James Kelly; 135: £19.05 – Vera Treacy. Congratulations to the winners. You have to be in it to win it!

LOOKING FOR A VOLUNTEER ROLE?: The Lygon Almshouses Trust is looking for someone with financial or accounting experience to take on the role of Honorary Treasurer and to join the board of Trustees. Lygon House, on the Fulham Palace Road, provides housing in 40 flats for Fulham residents on low income and in housing need. For more information contact:

Charles@noelfamily.co.uk or Lygonhouse@gmail.com

"WESTERN AREA" JUBILEE OF THE SICK: Saturday, 22 March at 10:00am In *St. Gregory the Great South Ruislip* 447 Victoria Road HA4 0EG. Holy Mass with Anointing Of the Sick at 10.00am followed by a short Eucharistic Adoration and Benediction. Confessions available throughout. Some space for parking. Otherwise the Car Park at Aldi and &M across the road. Closest Tube: South Ruislip (Central Line: 10 minute walk). *In this borough we are counted as part of the Western Area even though Central Area events are much closer to us! See poster in church.*

ANNUAL MASS OF THANKSGIVING FOR HOLY MATRIMONY AT THE CATHEDRAL: Saturday 17 May. LAST CALL THIS WEEK:

The Cardinal invites couples celebrating in 2025 their **5th, 10th, 25th, 30th, 40th, 50th, and 60th (and any year over 60)** wedding anniversary of Catholic marriage. If you wish to attend please supply the following information to Gerald in the Parish Office by 24 March:

- 1) husband and wife's names;
- 2) date and church of Catholic marriage;
- 3) number of years married;
- 4) postal address & email address /telephone No.

WESTMINSTER DIOCESAN LOUDES PILGRIMAGE: 25th July - 1st August 2025 – Registration for the Westminster diocesan pilgrimage led by Cardinal Vincent Nicholas is now open via the online form at <https://pilgrimages.rcdow.org.uk> or by contacting the Pilgrimage Office on 020 7798 9173. Options to travel by plane or train are available and there are many volunteering opportunities for those wishing to serve. All applications to join this year's pilgrimage need to be submitted by **Wednesday 30th April**.

THE HOLY FATHER'S MONTHLY PRAYER INTENTIONS: To aid our Jubilee and ordinary prayer life, here are the monthly Prayer Intentions for March: **For families in crisis:** Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.